



Hello everyone,

Faced with the great global challenge that we are experiencing, we need to change paradigms and new protocols will be defining how everyone present at the events should act and what is the responsibility of each person in the day to day of the event - athletes, organization, teams, family, volunteers, press , medical staff, etc.

It is important to emphasize that everyone's safety depends on the attitude and behavior of each one, who must strictly follow what is provided for in this document. Therefore, the responsibility for applying the protocols during the event and for the success of its results must be shared with everyone.

I say this because it is not new what safety procedures each one must exercise in social coexistence and in relation to personal hygiene procedures such as wearing a mask, disinfecting hands and distancing to protect oneself and others.

It is also worth mentioning that these guidelines contained in this COVID-19 PROTOCOL, replace the rules of the regulation published on our website, when applicable.

I would like to highlight that this document was based on guidelines published by the UCI (International Cycling Union), CBC (Brazilian Cycling Confederation) and the valuable contribution of a group of health experts who are athletes and cycling lovers who voluntarily helped to build these protocols.

This document will be constantly evolving and, if anyone wants to contribute with suggestions, criticisms and ideas, they will be very well received so that we have an increasingly safe event.

The idea is to hold the event safely, following the guidelines of the authorities, as we did in all our events in 2020 and 2021 successfully. Everyone's health will always come first and that's why we want to ensure maximum safety within the event.

Cordially,

Rogério Bernardes Ferreira
Organizer



PRECAUTIONS WE ARE TAKING FOR YOUR SAFETY

- We will require everyone to present proof of at least 2 doses of the vaccine or COVID19 test on all organization staff and suppliers who enter the event arena and require everyone, without exception, to do the same;
- Requirement of the use of masks by all people involved in the event, throughout the period, except athletes during training and competition, inside the track, who must replace them soon after the end of sports activities;
- Mandatory passage through the sanitary control barrier to access the event facilities with temperature measurement and hand disinfection;
- During the event, everyone must maintain distance;
- Installation of 70% alcohol gel at strategic points of the event;
- Availability of drinking fountains only with water coming out of taps suitable for filling bottles. The use of squirts (nozzles) from the drinking fountains and the consumption of water directly from the taps is prohibited.

PRECAUTIONS YOU SHOULD TAKE TO MAKE EVERYONE SAFE

- Present proof of vaccine with at least 2 doses or present the result of the negative COVID19 test at the entrance of the event together with your companions;
- Wear mask all the time. If you stay for a longer period at the event, remember to change it. Therefore, always carry a spare mask;
- Keep distance from other people at all event locations and at all times;
- Avoid physical contact such as hugs and handshakes;
- Do not share bottles, personal items, security items and food;
- Avoid putting your hands on railings, handrails, jambs and doorknobs. If you do, sanitize your hands afterwards with 70% alcohol gel or soap and water;
- Make use of cups or bottles for personal use for water consumption;
- Wash your hands frequently, washing them with soap and water or 70% alcohol;
- Avoid touching your eyes, nose and mouth without first washing your hands;
- When you have flu-like symptoms such as fever, cough or shortness of breath, seek medical attention and let us know through the channel provided by the event so that we can follow up your case.



DETAILED PROTOCOL DURING THE EVENT

Event attended by the public

- All persons must present proof of vaccination (with at least 2 doses) or the negative SARS-COV-2 ANTIGEN - SWAB NASOPHARYNX test at the entrance to the event, with one day of held in the first access, which will be valid for 3 days.
- The public is allowed to enter the event, which has been released by the local authorities, in addition to the necessary companions per athlete, which may be coaches, mechanics or family members, in addition to organization members, exhibitors, accredited press and special guests of the event organization.

Registration for the event

- Registration for the event will only be done online with digital payment options to avoid people going to banks and other places to make the payment.

Number of entries by category

- The event will continue to limit entries by category and has had its limit reduced to ensure more efficiency in distancing procedures and the number of athletes competing.

Access to the event and hygienization

- After presenting proof of vaccination with at least two doses or a test with a negative result performed within 24 hours prior to entry, everyone will be identified with a wristband that will give access to the event every day of the weekend, passing through the sanitary control barrier, executed and under the responsibility of the City Hall, for access to the event that will have temperature measurement. If there is any abnormality in temperature, it will be evaluated by the person in charge of the health area, who may or may not allow you to enter the event. If the person disrespects this guideline, he will be prevented from entering the event;
- Access to the event will only be allowed to people with masks that cover the nose and mouth and the mask must be constantly on the face in the correct way. The event will not distribute masks.



Event secretary

- The secretary will have a single line;
- The use of masks by athletes and secretariat staff is mandatory throughout the period.

Training and information exchange moments

- At all times during the event, athletes, teams, press and public must respect the distance and wear masks covering their nose and mouth;
- During training, as it is common for athletes to talk inside the track about some technical section, it is mandatory to keep the distance, avoid physical contact such as hugs and handshakes.

Start schedule

- Starts will be separated into categories, as is already happens;
- The categories will be distributed in several starts during the day of Saturday and Sunday and will respect the schedule published in our site in the regulation and in the specific item of the subject;
- The starting pockets will be enlarged and demarcated;
- The use of a mask is mandatory throughout the event, except for the pre and pro moments of the competition, that we indicate to the athletes as recommended but not mandatory, and during the competition.

Start, finish and competition

- These moments are the most awaited and the present people must respect the distance;
- Throughout the course, the distance between the people who are watching the races must also be respected..

Awards and podium

- The awarding of the categories will follow the UCI protocols where we will have the distance between the podium positions.

Bike wash

- The machines available to wash the bicycles will be distributed with the distance; and in the queue, in case it is formed, there must be the distance.



Dispersion after test

- After the finish flag, athletes must keep their distance from anyone and put on a mask when leaving the track and entering the dispersion area;
- In this dispersion area, only athletes will be allowed to have access to water and fruits provided by the organization. The support team will only be able to help your athlete when he leaves the dispersion area, except in situations where the athlete needs some special help;
- The organization will make a dispersion area much larger than previously performed so that athletes can maintain their distance;
- Before leaving the dispersion, all athletes must return the bike and costal numbers, but must respect the distance.

Fair with exhibitors and staff area

- It is up to each exhibitor to control the distance inside the tents, require everyone to be wearing masks and have 70% alcohol available to everyone for hand disinfection;
- Each exhibitor must isolate the public entrance inside their tents so that the service is done with the company member inside and the customer outside the tent. If people are allowed to enter the tents, this access must be controlled;
- The tents of all exhibitors, when in operation, must avoid installing canvas walls on the sides to ensure efficient ventilation.

Eating area

- Food and beverage points of sale must follow all existing regulations in their respective areas with their employees using masks, gloves, food with disposable packaging, etc;
- In addition, they must provide 70% alcohol to everyone who is in service and control the service queue so that the minimum distance is respected;
- Tables must be distributed respecting the minimum distance of 2 meters;
- Plastic cutlery and food should be individually packaged to avoid contact of hands with other utensils that will be used by other people. The reuse of packaging (plates, lunchboxes, plastic cutlery, etc.) or the use of utensils without proper cleaning with soap and water is prohibited.



Statement of responsibility

All athletes must confirm that they are in agreement with the Term of Responsibility at the time of their registration and which follows below for everyone's knowledge:

Through this Term of Responsibility, I declare that I and my companion are aware of the general public health guidelines issued by the World Health Organization and, in Brazil, by the Federal, State and Municipal Governments, for the mitigation of the transmission of the new Coronavirus and, in particular, the guidelines issued by the event. To prevent the spread of Covid-19, we undertake to observe and respect the general guidelines contained in the COVID-19 PROTOCOL document, in particular:

- Bring proof of vaccination with at least 2 doses or the COVID19 test at the entrance to the event, made the day before the first day of entry;
- Protect the distance between people;
- Promote asepsis (soap and water or alcohol) whenever touching surfaces, objects and utensils of any nature, known not to be disinfected;
- Ensure the use of a face mask, while at the event venue, with the exception of places where the use is waived by the nature of the activity (food and hydration areas, inside the track in training or competition).

My companions and I will be at the event and, therefore, we declare, under our responsibility:

- Knowing that the elderly, heart disease, hypertensive, immunosuppressed, diabetics, and kidney patients are considered risk groups for complications for Covid-19;
- Having been informed by the event that the frequency of people from risk groups is not recommended, at this time, as it represents an increased risk to health;
- If I belong to one of these risk groups, I assume, individually and exclusively, the responsibility for being present at the event;
- Be aware that it is possible to acquire the virus through social contact;
- If I have symptoms of Covid-19 - cough, fever, body aches, atypical tiredness and loss of smell - I will not attend the event;
- If I test positive for Covid19, even if asymptomatic, I will maintain social isolation for the recommended period of 14 days.

Compliance with the event guidelines to prevent the spread of Covid-19 is an obligation of all athletes and their companion. Disrespecting the rules will be considered a serious disciplinary offense.